FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

3

OMB APPROVAL								
OMB Number:	3235-0287							
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or s	section	on 30(n)	of the	investme	ent Co	mpany Act	of 194)								
1. Name and Address of Reporting Person* COCHRAN SANDRA B						2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
					<u>ST</u>	STORE, INC [CBRL]									X	Direc			10% C	-	
(Last) (First) (Middle)														_	X	Offic belov		Other below)	(specify		
305 HARTMANN DR						3. Date of Earliest Transaction (Month/Day/Year) 10/24/2019									President & CEO						
(Street)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)						
LEBANC	ON TN	N TN 3		37087											X	Forn	n filed by One	y One Reporting Person			
(City)	(St	ate) (Zip)		-										Forn Pers	m filed by More than One Reporting son					
		Tabl	e I - No	n-Deriv	ative	Se	curitie	s Ac	quired	, Dis	posed o	f, or	Ben	efici	ally	Owne	ed				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day)					Execution Date,			Transaction Disposed Code (Instr.			ies Acquired (A) o Of (D) (Instr. 3, 4			and 5) Secu Bene		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A (D) or)	Price		Transaction(s) (Instr. 3 and 4)				(11311. 4)	
Common Stock 10/24			/2019	2019			F		3,064(1)) D \$16		\$1 <mark>6</mark> 1	.02	02 130,764		D					
		Та									osed of, onvertib				y Ov	vned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	n Date,		Transaction Code (Instr.				Exerci ion Da Day/Yo		7. Title and Amount of Securities Underlying Derivative Security (Ins and 4)		ı			9. Number of derivative Securities Beneficially Owned Following Reported Transactions (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Nu of	nount mber ares							

Explanation of Responses:

1. Represents shares deducted to satisfy federal tax withholding obligations on the vesting of a previously disclosed award.

Remarks:

Sandra B. Cochran by Richard M. Wolfson, Attorney-in-Fact

10/25/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.